

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Skill: Giving and receiving a compliment. When you get a compliment, give one back.**

Compliment:



What you can say back:

Compliment:



What you can say back:

Compliment:



What you can say back:

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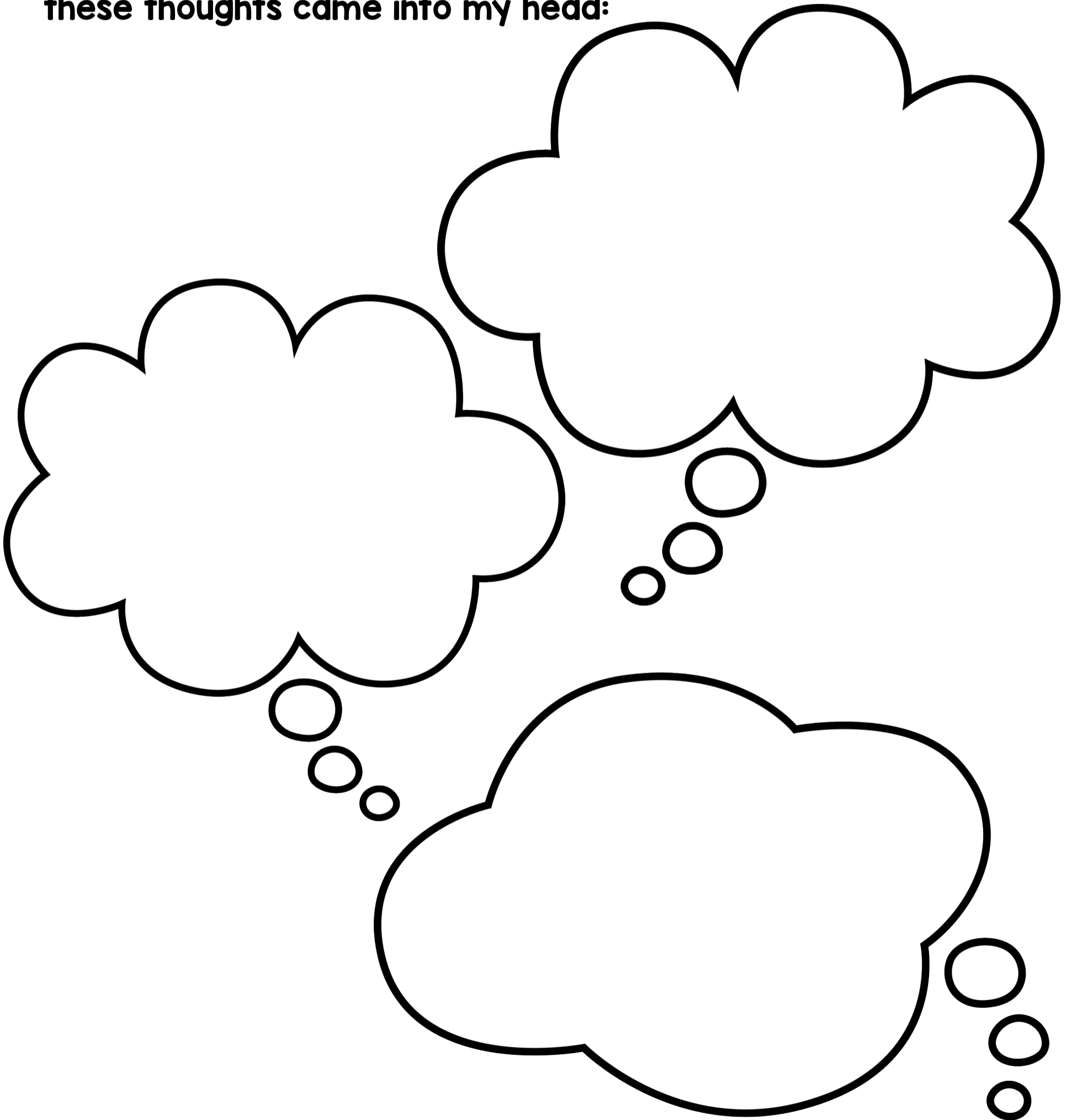
## Topics of Conversation

Person	Appropriate Topics of Conversation	Inappropriate Topics of Conversation
Family Member		
Teacher		
Close friend		
Stranger		
Someone you know a little bit		

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**My Thoughts**

**When \_\_\_\_\_ happened,  
these thoughts came into my head:**



Name: \_\_\_\_\_ Date: \_\_\_\_\_

## What To Say

**When \_\_\_\_\_ happened, these are some things I could have said:**

to tell people how I feel:

to get help:

to advocate  
for myself:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Think or Say

Things to Think	Things to Say

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Think It or Say It?

Check if you should think it or say it for each quote:

	Think It	Say It
"That dress makes you look fat."		
"Thank you for making dinner."		
"I hate the soup you made."		
"I don't like this present. I already have it and don't even use it."		
"I appreciate your help."		
"That's a great way to try it!"		
"My mom's car is better than yours."		
"I liked the way you were working so hard in class today."		
"Nice try on the game today."		
"That was a stupid answer to that question."		

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**Skill: Handling making a mistake. When you make a mistake, learn from it and move on.**

Good options when you make a mistake.	Not good options when you make a mistake.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Different Behaviors in Different Places

Location	Appropriate Behaviors	Inappropriate Behaviors
Home		
School		
Doctor's Office		
Library		
Gym		



Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Friendship

**Things to do to keep friends.**

**Things to do to lose friends.**

Things to do to keep friends.	Things to do to lose friends.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Skill: Reading and responding to your friends' emotions. Once you identify how a friend is feeling, say something to make them feel better.**

your friend feels:

**sad because  
she misses  
her mom**



you should say:

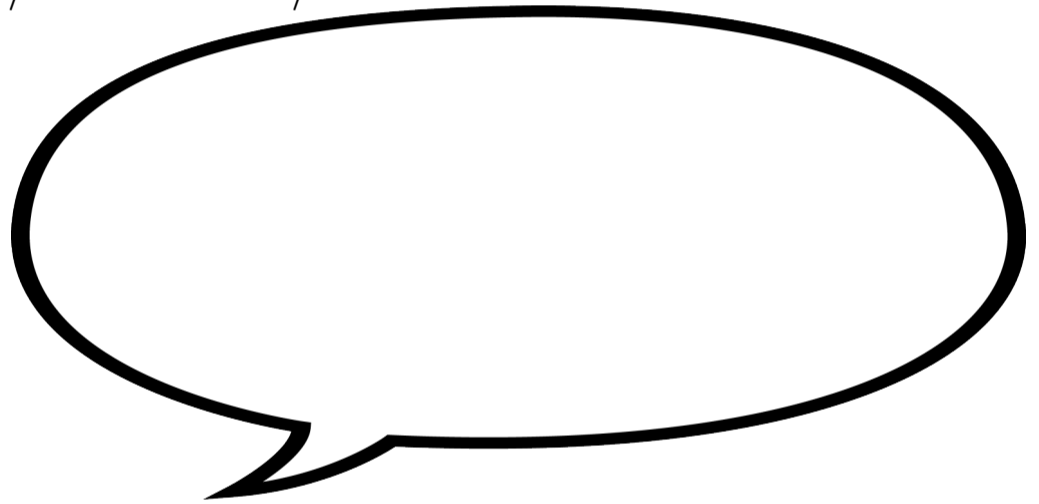


your friend feels:

**disappointed  
at a bad grade**



you should say:

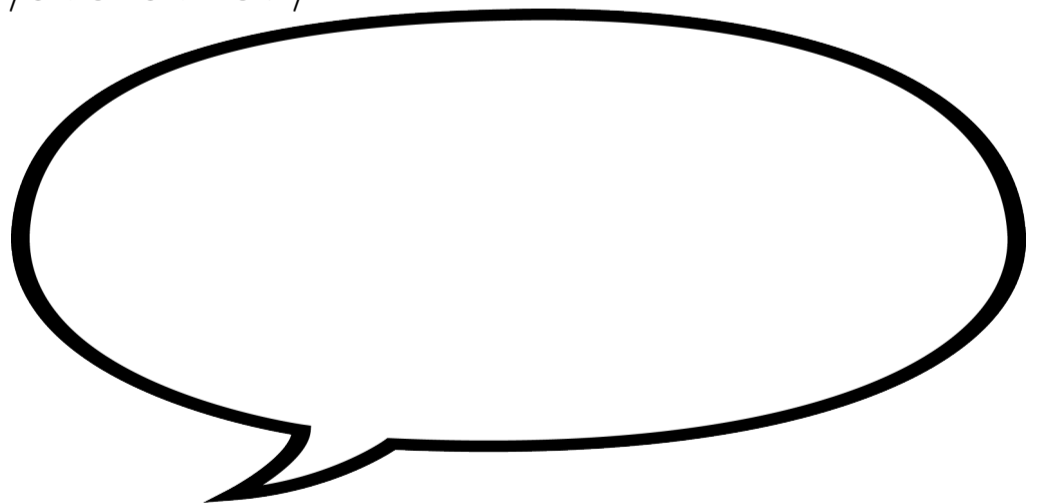


your friend feels:

**scared of the  
thunderstorm**



you should say:



Your friend feels:

**tired  
because of  
a long day**



you should say:



Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Skill: Working in a group. When working in a group, listen to your friends and complete work together.**

Things you can do to make working in a group successful:

If someone in the group is not working well with everyone else, what should you do?

Productive things to say during group work:

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**Skill: Interrupting and getting attention. Sometimes you need to get someone's attention while they are busy.**

person and situation	appropriate reason to interrupt	appropriate way to interrupt
mom is on the phone		
teacher is talking to the principal		
dad is watching TV		
your two friends are talking		
your coach is texting on his phone		

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**Skill: Raising your hand to answer a question or get attention.**

Reasons to raise your hand in class:

What should you do when the teacher calls on you?

What should you do when the teacher does not call on you?

Times when it is okay to not raise your hand and shout out:

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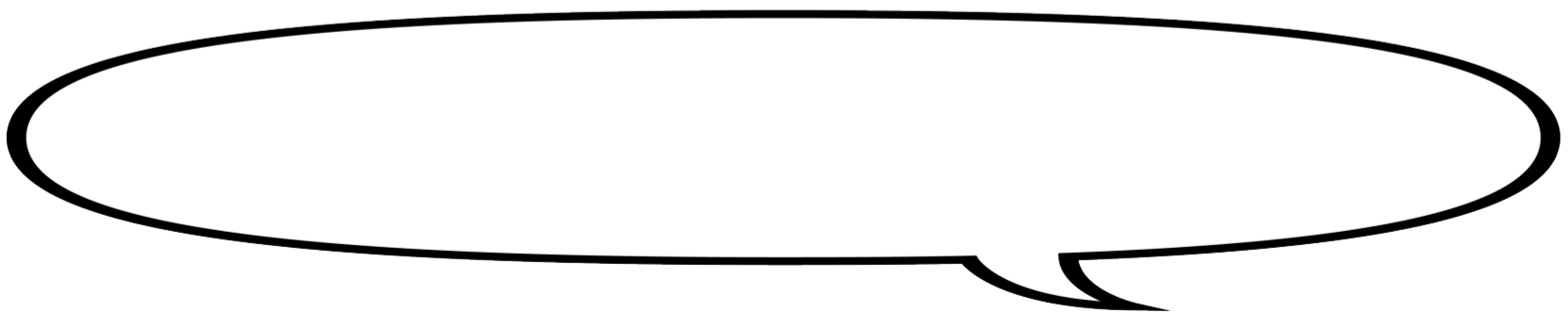
**Skill: Respecting technology items in the classroom.**

What technology items do you use in the classroom?

When you get a turn on technology, list the steps for using that item:

- 1.
- 2.
- 3.
- 4.

When your turn with technology is over, what should you say:



Where do technology items get stored in the classroom?

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Skill: Small talk. Small talk means asking questions and giving short answers to get to know people.**

What questions are good for small talk?

- 
- 
- 
- 
- 

What topics are not good for small talk?

When should you use small talk?

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Emotions

emotion	things that make you feel that way	things that make you feel better
angry		
sad		
disappointed		
worried		
jealous		



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## Emotions

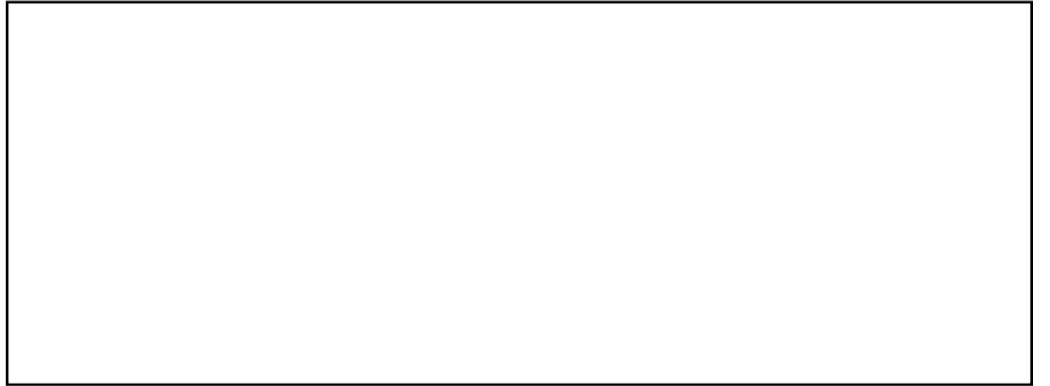
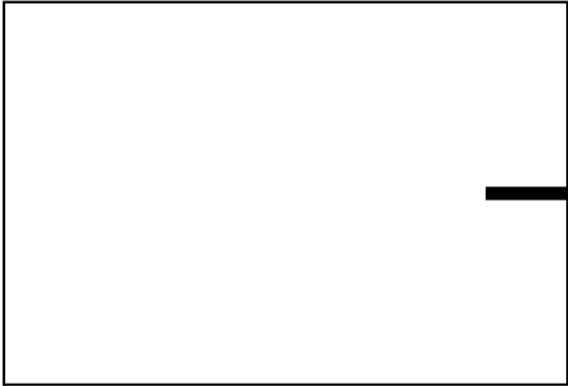
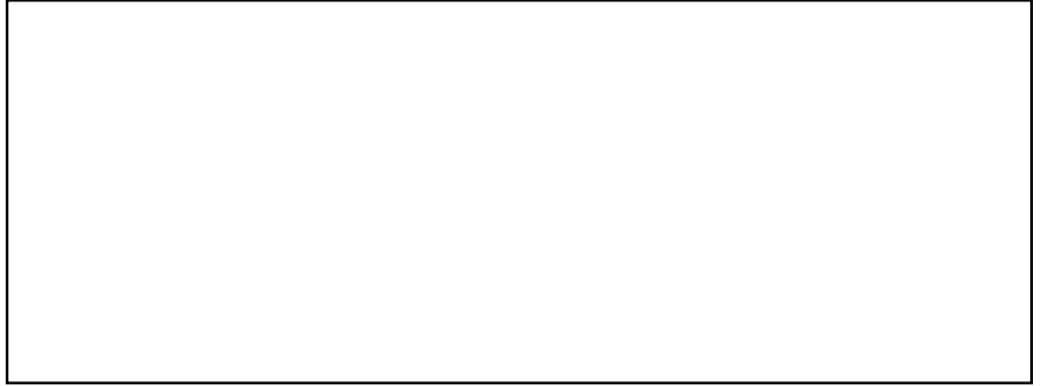
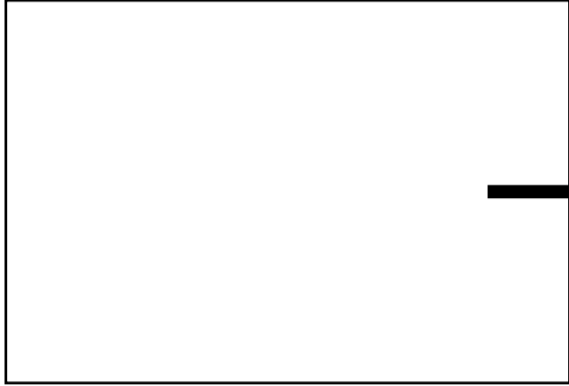
emotion	things that make you feel that way	things that make you feel better
stressed		
embarrassed		
overwhelmed		
frustrated		
scared		

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Think About Others

important people in your life:

things you can do to make them happy:



Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Dealing with Hard Work

work that is hard for you:

negative choices when dealing  
with hard work:

positive choices when dealing  
with hard work:

how you feel after completing hard work:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Problem Solving

problem:

explain how you would use each strategy to solve the problem:

talk it out and compromise:

get help from an adult:

let it go and move on:

coping strategy:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Skill: Entering the classroom. Enter the classroom calmly and quietly.**

situation	what you should do
coming in first thing in the morning	
coming back from the bathroom	
returning from lunch	
coming into the room while the teacher is talking	
coming into the room while everyone is at free play time	

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## Thinking About Consequences

situation	possible consequence
<i>"I think I'll skip my homework and watch TV instead."</i>	
<i>"You made us lose the game. You played so badly."</i>	
<i>"I hate this class. I am never doing work in here again."</i>	
<i>"You are a liar. I don't want to be your friend."</i>	
<i>"You aren't invited to my birthday party."</i>	